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# NEW GLASGOW NOW

MAY 2019

## NEW GLASGOW'S ANNUAL VOLUNTEER RECOGNITION RECEPTION

The Town of New Glasgow held its annual Volunteer Recognition Reception on April 10, 2019. The evening recognizes and celebrates volunteers in New Glasgow who selflessly offer their time and commitment to causes and organizations that better our community.

The evening included an awards ceremony, reception and musical selection by the Brass & Reed Band. Special acknowledgement was received by Terry Curley, 2018 Provincial Volunteer Community Service Award



*From left to right: Henderson Paris, Hunter Francis, Mariam Ibriham, Ian Grant, Charlie ten Brinke, Aliyah Fraser, Abby Coleman, Bev McGuigan, Teela Billington, Philip MacKenzie, Bob Curley, Greg Burrows*

Recipient, NS Tourism Industry Association Awards and Greg Burrows, New Glasgow's 2019 Provincial Volunteer of the Year, for their ongoing volunteer

contributions to the community.

The Town of New Glasgow proudly awarded the following individuals with volunteer recognition awards: Mariam Ibriham,

Youth Leadership Arts & Culture Award; Abby Coleman, Youth Leadership Award; Aliyah Fraser and Cara MacDonald, Youth Athletics Award; Ian Grant, The Carlton Munroe Music & Event Memorial Award; Phillip MacKenzie and Clyde MacDonald, Cultural Heritage Award; Henderson Paris, Award of Merit Recognizing Contributions Towards the Elimination of Racial Discrimination.

Community Volunteer Representative Awards were received by: Bev McGuigan, I.O.D.E;

*Continued on page 2*

# WHAT'S HAPPENING

## ...VOLUNTEER RECOGNITION

*Continued from page 1*

Teela Billington, I.O.D.E; Barb King, VON; Charlie ten Brinke, Pictou County Roots for Youth Society; Amy Tate, North End Recreation Centre; Bob Curley, West Side Community Centre; Marcus MacLean, North Nova Education Centre.

Thank you to our Outgoing Committee Members from the Race

Relations and Anti-Discriminatory Committee: Jake Chisholm, Deanna Mohamed, Hunter Francis, Wendy Hughes, Angela Bowden and Haley Bernard. As well as Outgoing Committee Member, Ivan Baker, Police Commission.

A special thank you to all of our volunteers that help make New Glasgow the special community that it is!



*New Glasgow's 2019 Provincial Volunteer of the Year, Greg Burrows, and Mayor Nancy Dicks.*



*Terry Curley - 2018 Provincial Community Service Award Recipient.*

## PICTOU COUNTY SPORTS HERITAGE HALL OF FAME

The Pictou County Sports Heritage Hall of Fame is looking for volunteers to assist with general accounting duties. This role would require a minimum estimated time commitment of 2-3 hours every 2 months.

Learn and enjoy the vast history of Pictou County sports teams and athletes, while sharing a variety of tasks with fellow volunteers including hosting visitors and conducting tours, keeping the Hall neat and clean, organizing displays, search fundra-



*From left to right: Barry Trenholm, Curator - Pictou County Heritage Sports Hall of Fame ; Nancy Dicks, Mayor - Town of New Glasgow; Jim Ryan, Mayor - Town of Pictou; Danny MacGillivray, Mayor - Town of Trenton; Roger MacKay, Mayor - Town of Westville; Robert Parker, Warden of Pictou County.*

ising projects such as sponsors and applicable grants, prepare meeting agendas and minutes, coordinate projects with other volunteers and assist with inductions. New board members are also welcome.

Contact or visit the Pictou County Sports Hall of Fame at 340 East River Road, New Glasgow, by phone at 902-755-1755 or email [pcshhf@ns.aliantzinc.ca](mailto:pcshhf@ns.aliantzinc.ca).

## THE SPIRIT OF LOVE

The Second United Baptist Church is celebrating their 116th anniversary, titled *The Spirit of Love*, on Sunday, May 19.

The morning sermon and message will be delivered by Reverend Moses Bola Adekola at 11:00am, followed by a 3:00pm service with Reverend Stewart Williams and the Lucasville United Baptist Church choir. The anniversary hymn is *Love Lifted Me*. All are welcome to attend and celebrate this special anniversary!



# URBAN DEER IN NEW GLASGOW

## INFORMATION

Spring is a time we often see an increase in the number of deer in our province. There are several ways you can help reduce the deer population in our communities:

It is very important not to feed the deer, in fact, the Town of New Glasgow has a bylaw that prohibits the feeding of wild animals.

Supplementing their natural food supply not only attracts and holds deer in the area, but can also trigger an unsustainable population increase.

Please report any feeding of deer to the Town.

Ensure to properly fence off your fruit trees and gardens; keep shrubs and other plants trimmed; use motion-activated lights and sprinklers to startle deer and dissuade them from entering your yard; chase deer away from your property to keep them from returning; during the winter, cover shrubs and



trees with burlap or plastic sheeting. This creates a barrier that prevents deer from browsing in your yard; plant less palatable species - deer have an aversion to blue spruce, juniper and certain perennials like mint and columbine. There are, however, many flowering perennials that deer will avoid eating, including 'Green Halo' peonies, 'Chuck Hayes' gardenia, 'Walker's Low' catmint and 'Beverly Sills' bearded iris. Your local nursery can discuss your best regional options.

The Town of New

Glasgow has been following the work undertaken by the Town of Truro related to their deer population, as there may be takeaways to complete and implement from Truro's learnings. The Town is also working with Nova Scotia Lands and Forestry to host an information session about deer in our area. This session will be held on Monday, May 27 at 7:00pm at Glasgow Square Theatre. Visit the Nova Scotia Lands and Forestry website at [www.novascotia.ca/natr](http://www.novascotia.ca/natr) for additional information and tips on helping to control the deer population.

## NOVA SCOTIA QUALITY OF LIFE SURVEY

How can we work together to be happier, healthier and more fulfilled in all areas of our lives? We think these are questions worth asking. Check your mailbox for an opportunity to participate in the Nova Scotia Quality of Life Survey. This is a first-of-its-kind survey for Nova Scotia. By filling it out, you will help ensure a unique Quality of Life Report is created for

every region across the province. The results will then serve as the foundation for innovative approaches to priority-setting and planning at a local level for years to come. By completing the survey you will have the opportunity to enter for a chance to win 1 of 25 Sobeys gift cards.

This initiative is being led by Engage Nova Scotia with the support of Nova Scotia Community College and a Local Leadership Team for

the province. Learn more at <https://www.nsqualityoflife.ca> and keep an eye out for the survey envelope with the Nova Scotia Quality Of Life logo.



# IN CASE YOU MISSED IT

## WATER-FILLING STATION PLACED ON SAMSON TRAIL

The Town of New Glasgow recently set up a new water-filling station on the Samson Trail, providing free, safe, high-quality drinking water to those walking, running or wheeling along the Trail. It is located beside the Beck's Hill and Arch Street trail access point and is the first of its kind in Nova Scotia.

One of the Town's Active Living Strategy goals is to enhance active living opportunities for people of all ages and abilities. This new piece of infrastructure will enhance the Samson Trail experience while participating in physical activity. "Our trail is a great asset and offers users the opportunity to introduce more physical activity into their lives" said New Glasgow Town Engineer, Earl MacKenzie.

This is just the beginning of some great new additions to our trails - stay tuned!



*New Glasgow's Town Engineer, Earl MacKenzie, fills up at the new water-filling station.*

## SALTSCAPES EXPO

The Town of New Glasgow and New Glasgow Farmers Market participated at the 14th annual Saltscapes Expo on April 26-28 in Halifax. The tradeshow emphasizes the culture of living on Canada's East Coast, with hundreds of exhibitors taking part from artisans, to food and



beverage, to municipalities and more. Thank you to everyone that helped make this event a success for New Glasgow, and to our Town Crier, Jim Stewart, for his participation!

*From left to right: New Glasgow Farmers Market Manager, Kristi Russell; Town Crier, Jim Stewart; Community Development Coordinator, Kaitlyn Siddall; Councillor, Jack Lewis*

## 2019 NEW GLASGOW MUSIC FESTIVAL

The Town of New Glasgow was pleased to support the 2019 New Glasgow Music Festival. Music Festival Vice President, Richard Skidmore, and Mayor Nancy Dicks stand in front of a historic painting of a tram car and Town Hall, created by local artist David MacIntosh.

Congratulations to Richard and his team of volunteers, participants, award winners and all who attended the 2019 Music Festival.



# UPCOMING EVENTS & ACTIVITIES

## MARK YOUR CALENDARS FOR THESE UPCOMING EVENTS!

### MAY

- May 8: **Marathon of Respect and Equality - New Glasgow Rally**, 11:00am, New Glasgow Academy
- May 9: **Rebecca Perry's From Judy to Bette**, 7:30pm, Glasgow Square Theatre
- May 11: **Mother's Day Market**, 9:00am-1:00pm, New Glasgow Farmers Market
- May 12: **Miss Miles 5K Mother's Day Classic**, 9am, downtown New Glasgow
- May 17: **The Lonely - Celebrating the Music of Roy Orbison**, 7:30pm, Glasgow Square Theatre
- May 18: **African Nova Scotian Health and Wellness Expo**, 10:00am-3:00pm, Glasgow Square Theatre
- May 18: **Let's Grow! Kick-Off to Peak Season**, 9am-1pm, New Glasgow Farmers Market
- May 19: **Knights of Columbus Walk**, 2:00pm, downtown New Glasgow
- May 26: **Walk for MS**, 8:00am, downtown New Glasgow
- May 31-June 1: **New Glasgow Youth Theatre Society Production - *I Don't Want to Talk About It***, 7:00pm, Glasgow Square Theatre

### JUNE

- June 8: **Relay for Life**, North Nova Education Centre
- June 8-15: **Pictou County Bike Week**
- June 13: **Mini Pop-Up Market**, 4:00pm-8:00pm, New Glasgow Farmers Market
- June 15-16: **Johnny Miles Running Event**, downtown New Glasgow
- June 22: **Rhythms of Life**, 7:00pm, Glasgow Square Theatre
- June 26: **Atlantic Arts & Appetites**, 4:00pm-8:00pm, New Glasgow Farmers Market
- June 27: **Canadian Multiculturalism Day**
- June 30: **Town of New Glasgow Pre-Canada Day Celebrations**, downtown New Glasgow

### JULY

- July 17-21: **Festival of the Tartans**, Parkdale Field
- July 26-27: **Race on the River Dragon Boat Festival**, East River/Glasgow Square Theatre
- July 17: **Atlantic Arts & Appetites**, 4:00pm-8:00pm, New Glasgow Farmers Market

### AUGUST

- August 2-4: **New Glasgow Riverfront Music Jubilee**, Glasgow Square Theatre
- August 10: **New Glasgow Farmers Market Dinner by the River**, East River riverside
- August 21: **Atlantic Arts & Appetites**, 4:00pm-8:00pm, New Glasgow Farmers Market
- August 23-24: **RibFest**, Glasgow Square Theatre
- August: **New Glasgow River Days - Ride the River**, East River

# NEW GLASGOW RECREATION

## ParticipACTION COMMUNITY BETTER CHALLENGE COMES TO NEW GLASGOW



The *Community Better Challenge* is a brand new annual physical activity challenge that rallies communities coast to coast to sit less and move more together. It calls on all Canadians to get active and

incorporate physical activity where they live, work and play.

The Community Better challenge challenges Canadians to get active and track their physical activity minutes in an effort for their community to be recognized as one that champions active living. At the end of the challenge, ParticipACTION will recognize and celebrate community achievements, crowning regional winners and ultimately appointing

appointing one community with the designation of Canada's Most Active Community!

The challenge will kick-off on May 31st and will wrap-up on June 16th. Participants will be able to track their active minutes in two ways starting May 31st, 2019: Download the Partici-ACTION app! Minutes tracked through your app will automatically go toward your community score. The more you use the app, the

greater chance your community will have of winning. Sign-up at [www.participACTION.com](http://www.participACTION.com) and start tracking your physical activity minutes. You will be able to track minutes as an individual or on behalf of an organization as well as children. If you do not have access to a smart phone or computer, contact New Glasgow Recreation – we can track your minutes during the challenge period so that you can participate!

## LET'S GET MOVING NEW GLASGOW!

Last month, New Glasgow Town Council adopted *Let's Get Moving New Glasgow: A strategic plan to encourage movement in New Glasgow*. The long-term goal of this plan is to encourage citizens to live a healthy lifestyle by incorporating more movement into their daily lives. Moving more each day is associated with physical and mental health, social, economic and environmental benefits.

Taking advantage of these benefits by being more active positively impacts the quality of life for individuals and the community. The plan can be found on the Town of New Glasgow website at [www.newglasgow.ca](http://www.newglasgow.ca).



## PICTOU COUNTY BIKE WEEK

Pictou County Bike Week, a week that advocates using bicycles for transportation, is taking place from June 8-15, 2019.

Throughout the week, there will be group bicycle rides for all ages across Pictou County, as well as the Michelin Kids' Bike Rodeo. The YMCA of

Pictou County will also be offering free Cycle Fit classes to non-members during the week.

Stay tuned for a full schedule and get ready to hit the pavement on June 8!

