



New Glasgow
flourish

New Glasgow **NOW**

January 2026

New Glasgow 150 Sports Legacy Exhibit Well Attended



The New Glasgow 150 Sports Legacy Exhibit & Reception was held for two days at Glasgow Square Theatre in mid-December and offered the community a chance to celebrate the rich sports history of New Glasgow and Pictou County. Despite uncertain winter weather the event drew a large crowd. Developed by a dedicated group of volunteers, alongside Town staff, the project created an impressive exhibit, consisting of interpretive panels from the Pictou County Sports Heritage Hall of Fame which highlighted a broad scope of sports, a variety of sports artifacts borrowed from the Pictou County Sport Hall of Fame and local residents, as well as a newly created comprehensive Sports Legacy PowerPoint presentation. Combined, these elements helped tell the story of sport in our town and region, highlighting local athletes, teams, builders, and organizers who have contributed to sport at every level.

The Sports Legacy PowerPoint featured individuals and teams who have achieved success provincially, nationally, and internationally, such as Nova Scotia hall of fame status, world titles, Canadian or Maritime championships, and Pro or Olympic status as well as stories and memories shared by the community through a public call for

(continued on page 2)

Message from the Mayor



As we welcome the new year, I'm proud to reflect on a wonderful year in New Glasgow. Over the past year, our community came together in so many ways, celebrating our shared history, supporting one another, and building momentum for the future. The Town's 150th anniversary gave us a chance to honour where we've come from while reaffirming the strong sense of pride and connection that defines New Glasgow. Throughout the year, residents, volunteers, community organizations, and Town staff worked together to make celebrations, projects, and conversations possible. From milestone events like the Black Gala Homecoming and the Johnny Miles Marathon to the everyday moments that strengthen our community, each experience reminded us of the value of coming together and listening to one another.

As we move forward, there is much to look ahead to. Important projects, including the Viola's Way Project, the new long-term care home, and the library renovation, continue to reflect our commitment to community

(continued on page 2)

New Glasgow 150 Sports Legacy Exhibit Well Attended

continued

submissions. This helped ensure the exhibit reflected not only well-known achievements, but also many of the everyday moments, milestones, and people who helped make sport such an important part of life in New Glasgow.

The exhibit welcomed visitors of all ages and provided an opportunity to reflect on the role sport has played in shaping community pride, connection, and identity over the years.

From grassroots participation to elite competition, the Sports Legacy Exhibit highlighted the depth, passion, and history of sport in New Glasgow. Emcee was Councillor Joe MacDonald, son of the well-known coach, referee, sports journalist and multi-sport hall of famer the late John Brother MacDonald. Guest speakers Alyiah Fraser, a recent Academic All Canadian and university basketball standout and student leader; Stacey Saunders, a gold medal winning Special Olympian and Courtney Malcolm, a Nova Scotia Hall of Famer and well-known former coach and multi-sport builder. Each delivered touching reflections on the role of sports in their lives. Deputy Mayor Dawn Peters and New Glasgow 150 Co-Chair Jack Kyte also delivered remarks highlighting the passion for sports in our town and region and Town Crier Jim Stewart lauded the impact sports has made on our progress as a community and its people. Bruce Rainnie, President/CEO, Nova Scotia Sport Hall of Fame, who was unable to attend due to inclement weather offered these words in a message read by former broadcaster Kevin Reid. "We learn that you can win with my humility and lose with grace. We learn that if even you're from one of the smallest provinces in the country, you can still achieve national, even international, acclaim. And we learn that values like hard work, discipline, and self-belief still matter. Athletes and builders from Pictou County have consistently demonstrated all of the above. What ties all of these together is a sense of quiet confidence: no brashness, no audacity, a complete lack of pretension. None of these people ever had to tell you how good they were. In fact, each was happiest to let others do the talking. These are all lessons that kids in our province should know - lessons that one day will help them to not only be better athletes, but better partners, better parents, better employees, or better supervisors."

The Sports Legacy PowerPoint will soon be available for the public to view, allowing more people to explore and enjoy this collection of stories and achievements. A special shout out is extended to the Pictou County Weeks Crushers who helped with the transportation of the panels and artifacts. Thank you to all who contributed and attended to make this event a major celebration for our New Glasgow 150th Anniversary.

Message from the Mayor

Continued

well-being, inclusion, and growth. These investments, alongside continued engagement with residents, help ensure New Glasgow remains a welcoming place for all.

On behalf of Town Council and staff, I wish you a happy, healthy, and hopeful new year. Thank you for your continued care, involvement, and pride in our community as we step confidently into the year ahead.

- Mayor Nancy Dicks



Winter Activity Card



Get outside and move your body this winter by following prompts from this winter activity card.

How it works:

Complete any 10 of the 20 activities

Cross your completed activities off of the card E-mail a photo of your card or a list of your completed activities to recreation@newglasgow.ca

Submit by February 28 for your chance to win prizes!

Winter Activity Card

| | | | | |
|-----------------------------------|--|--|---------------------------------------|--|
| Join a Winter Guided Hike | Do your favourite outdoor winter activity | Take a mindful outdoor break | Go skating | Go for a walk in your neighbourhood |
| Go for a winter walk on the beach | Watch a sunrise or sunset outside | Invite someone to join you for an outdoor activity | Visit a trail or park in New Glasgow | Go snowshoeing |
| Enjoy a winter picnic | Go birding | Make snow angels | Try outdoor winter yoga or stretching | Explore a new outdoor spot you haven't been to |
| Go Sledding | Borrow from the Go Play Equipment Loan Program | Have a snowball fight | Go for a winter bike ride | Build a snowperson or sculpture |

Complete any 10 of the 20 activities and cross them off. E-mail recreation@newglasgow.ca with a photo of your card or a list of your completed activities for a chance to win prizes!





Snowfolk Building Contest

Playing in the snow is a fun way to #MakeYourMove! The Snowfolk Building Contest will run until the end of February, so make sure to build your best snowperson each time it snows.

Prizes will be awarded for winners in each of the following categories:

- Best Snow Creature
- Most Colorful Snowperson
- Most Fashionable Snowperson

Submit photos of your snowfolk to recreation@newglasgow.ca. We can't wait to see what you create



SNOWFOLK BUILDING CONTEST

Categories

Prizes will be awarded for winners in each of the following categories:

- Best Snow Creature
- Most Colorful Snowperson
- Most Fashionable Snowperson

Details

- The contest will run until February 28, 2026.
- Submit photos of your snowfolk to recreation@newglasgow.ca.
- There is no limit on the number of submissions per person.



Walk-N-Roll

Stop by Glasgow Square Theatre 9155 Riverside Parkway) on Mondays from 10:00 a.m. until 11:00 a.m. starting January 19th for FREE indoor walking. For more information contact 902-755-8363 or recreation@newglasgow.ca.



Walk-N-Roll

Where: Glasgow Square Theatre
(155 Riverside Parkway, New Glasgow)

When: Mondays from 10:00 a.m. - 11:00 a.m.

Cost: Free

Walk in a safe and supportive indoor environment. For more information contact 902-755-8363 or recreation@newglasgow.ca.

Starting Monday, January 19th

Hosted in
partnership by:



Winter Guided Hikes

Join us for one of five winter guided hikes to get outdoors and move your body this winter! To register, contact melanie.dash@westville.ca.

Winter Guided Hikes *Make Your Move Outdoors!*

December 21 6:00 p.m.
Jitney Trail, Pictou
5 km, 90 minutes

January 21 6:00 p.m.
Samson Trail, New Glasgow
5 km, 75 minutes

February 11 6:00 p.m.
Trenton Park, Trenton
5 km, 75 minutes

March 4 6:00 p.m.
Acadia Park, Westville
3 km, 45 minutes

March 18 6:00 p.m.
Roy Island Trail, Little Harbour
5 km, 75 minutes

Join us for one of five winter guided hikes to get outdoors and move your body this winter!

To register, contact Melanie at
melanie.dash@westville.ca or 902-396-1059

Winter Guided Hikes



Samson Trail Winter Guided Hike

Wednesday, January 21

6:00 p.m.

Samson Trail, New Glasgow

Meet at the Kinsmen Lookoff (corner of Terrace St. & Churchill Dr.)

The group will hike 5 km on gravel trail with no obstacles, no stairs and minimal change in elevation. The hike will take approximately 60 minutes to complete.



Join us for one of five winter guided hikes to get outdoors and move your body this winter!

To register, contact Melanie at melanie.dash@westville.ca or 902-396-1059.

Adult Crafts & Social Connections



Join Pearl and Val on Wednesdays from 11:00 a.m. until 3:00 p.m. at the Ward One Social & Recreation Centre (487 Brother Street) starting January 21, 2026. Everyone is welcome!



ADULT CRAFTS & SOCIAL CONNECTIONS

Join Pearl & Val on Wednesday from 11 am to 3 pm for a fun-filled day of crafts and socializing! Bring your favorite sewing items and enjoy a free lunch while making new friends and connections in the community.

Everyone is welcome!
Board games and cards will also be available.
Continuing Weekly

Location: Ward One & Social Recreation



Chair Yoga

CHAIR YOGA



Pictou County Women's Resource and Sexual Assault Centre

Every Friday, 11am - 12pm
WARD ONE RECREATION CENTRE

No registration needed.
For more information please reach out to 902-755-4647

The Pictou County Women's Resource and Sexual Assault Centre is hosting Chair Yoga with Dorothy on Fridays at 11:00 a.m. at the Ward One Social & Recreation Centre (487 Brother Street, New Glasgow) starting January 9, 2026. All ages and abilities are welcome. Registration is not required. For more information please call 902-755-4647.



Free Community Skating

Looking for something fun, active, and family-friendly this winter? Check out the weekly free skate schedule for Pictou County!

Skating in Pictou County 2025-2026 Free Skates Schedule

Monday

Trenton Minor Sports Community Centre

- Adult/Senior Leisure Skate: 12:00PM-1:30PM

Pictou County Wellness Centre

- Parent & Tot Skate: 10:00AM-11:00AM
- Adult/Senior Skate: 11:00 AM-1:00PM

Wednesday

Trenton Minor Sports Community Centre

- Adult/Senior Leisure Skate: 12:00PM-1:30PM

Hector Arena (Pictou)

- Adult/Senior Skate: 2:00PM-3:00PM

Pictou County Wellness Centre

- Parent & Tot Skate: 10:00AM-11:00AM
- Adult/Senior Skate: 11:00AM-1:00PM

Friday

Trenton Minor Sports Community Centre

- Adult/Senior Leisure Skate: 12:00PM-1:30PM
- After-School Skate: 3:00PM-4:00PM

Hector Arena (Pictou)

- Public Open Skate: 3:00PM-4:30PM

Pictou County Wellness Centre

- Parent & Tot Skate: 10:00AM-11:00AM
- Adult/Senior Skate: 11:00AM-1:00PM

Tuesday

Hector Arena (Pictou)

- Adult/Senior Skate: 2:00PM-3:00PM

Pictou County Wellness Centre

- Parent & Tot Skate: 10:00AM-11:00AM
- Adult/Senior Skate: 11:00AM-1:00PM

Thursday

Hector Arena (Pictou)

- Adult/Senior Skate: 2:00 PM-3:00 PM

Pictou County Wellness Centre

- Parent & Tot Skate: 10:00AM-11:00AM
- Adult/Senior Skate: 11:00 AM-1:00 PM

Saturday

Pictou County Wellness Centre

- Family Leisure Skate: 4:00PM-6:00PM

Ivor MacDonald Memorial Arena (Thorburn)

- Public Open Skate: 4:00PM-5:00PM

Sunday

Trenton Minor Sports Community Centre

- Parent-Child Skating: 4:30PM-5:30PM

Westville Miners Sports Center

- Public Open Skate: 6:30PM-7:20PM

For updates, cancellations, or holiday changes, please check your local town/arena's website or social media.

WSSC Flooders Wanted

Volunteers Wanted - Outdoor Rink Flooders

Help keep the ice alive at the West Side Community Centre this Winter! The WSSC is looking for volunteer flooders to help support our community and create a space everyone can enjoy all winter long.

What's involved?

- About 1 evening per week
- A couple of hours at a time
- Over 4–6 weeks (weather dependent)
- January–February
- You'll always be paired with at least one other volunteer

Interested? Reach out to Kevin McDavid at kevinmcdavid009@gmail.com.



WSSC

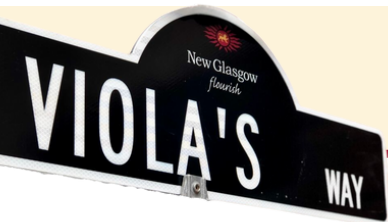
Flooders wanted!

Volunteer Commitment:
1 night per week
Approx 2 hours
4-6 weeks (Jan- Feb)

WEATHER DEPENDENT

181 Lavinia St, New Glasgow

IF INTERESTED CONTACT ▶ KEVINMCDAVID009@GMAIL.COM



Viola's Way Update

Work on Viola's Way continues to move forward with strong progress throughout the fall. Crews have completed the removal of the old street materials and wood deck and have prepared the new street base, including drainage work and the installation of conduit for lighting and electrical systems. Foundations for upcoming structures are now in place.

A major milestone was the installation of the Sankofa symbol and egg base, part of the Adinkra visual symbols that will be embedded throughout the space. All Adinkra

elements have been fully fabricated, along with the uprights that will support the suspended feature light over the Adinkrahene symbol. Fabrication of the suspended light fixture itself is ongoing.



Deck materials have been ordered, with installation expected to begin at the end of November, and work on the stamped concrete street surface is also underway. Area and feature lighting has been designed and ordered, and the design of fixed furniture, planters, and benches is progressing, with installation planned for the spring. More updates will be shared as Viola's Way continues to take shape.

Glasgow Square is 25 Years Old!



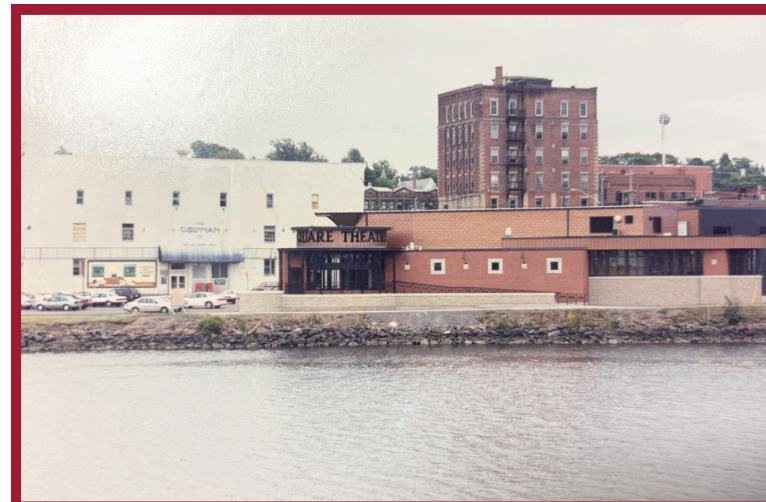
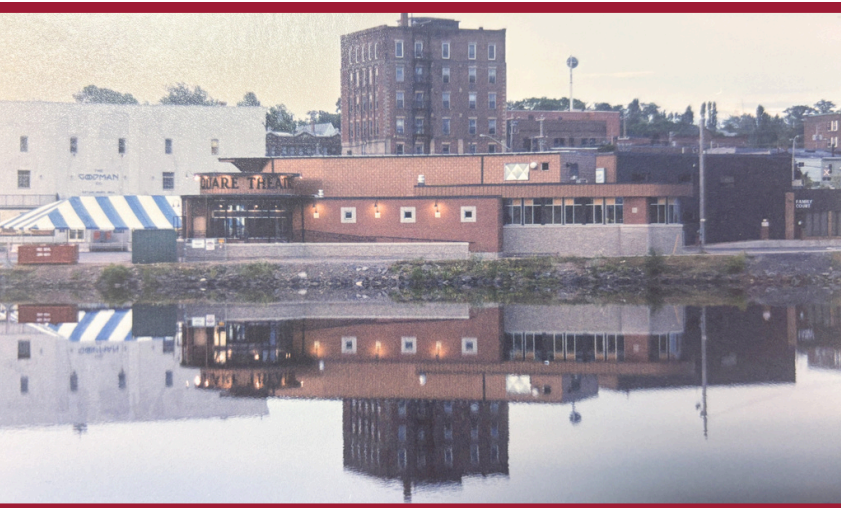
Glasgow Square Theatre is celebrating 25 years as a cornerstone of arts and culture in our community. This special anniversary event honours the theatre's past while looking ahead to an exciting future. Made for Moments reflects the experiences, stories, and connections that have shaped both the venue and the community it serves.

The evening will showcase New Glasgow music and comedy, hosted by Pictou County Comedy Night comedian and producer James Keast. The program includes live performances by Andre Pettipas, Leah & Kyle, Katelyn Danielle, and additional local artists.

The celebration will also mark an important milestone with the unveiling of Glasgow Square Theatre's renewed mandate, reaffirming its role as the home of arts and culture in New Glasgow today and into the future. A limited number of free tickets are available to the public. Tickets go on sale January 9 at 10:00 a.m. and can be reserved at glasgowsquare.com or at the Box Office.



Take a look at Glasgow Square 25 years ago...



Songs from The Square



Songs from The Square is a new live-music series hosted at Glasgow Square Theatre in New Glasgow, NS. Created to celebrate local and regional talent, the series brings together songwriters, storytellers, and performers from across Atlantic Canada. Each showcase highlights the rich musical culture of our communities while offering audiences an intimate experience at one of New Glasgow's most iconic venues.

East Coast DNA host Darcy Walsh will be curating and hosting this monthly series, launching January 11, 2026, during Glasgow Square's 25th Anniversary year.

We begin the year with performances by Karol Brown, originally from Little Harbour here in Pictou County, and Summer Bennett of Paradise, Newfoundland.

The series returns on February 8 with local favourite Katelyn Danielle and Halifax-based Anna Martin. Stay tuned for more details; we have an exciting lineup of artists to share with you, and we hope you'll discover some new favourites along the way.



*Celebrating Music & Arts
Through Stories, Video, and Photography
News and Interviews
Spotlighting Canadian Talent*

Winter Safety Tips

**SAFETY
FIRST**

From the Nova Scotia Department of Labour

Throughout December, the Nova Scotia Department of Labour shared a series of daily workplace safety tips focused on simple, practical actions that help keep people safe at work and at home. The tips below highlight a selection of those reminders shared during December, encouraging safer habits and a strong start to the year ahead.

Work Safe. Home Safe. Every Day.

1. Inspect holiday lights for damaged wires or bulbs; unplug when not in use
2. Keep walkways clear and dry to prevent slips, trips, and falls
3. Inspect ladders before use and ensure proper setup
4. Keep passageways clear and safety equipment accessible
5. Use portable heaters safely and keep them away from flammable materials
6. Drive carefully in winter conditions and keep an emergency kit in your vehicle
7. Install and regularly test carbon monoxide detectors
8. Everyone has the right to a workplace free from harassment
9. Wear a life jacket or PFD when working near water if other protections are not in place
10. Stay alert on escalators and follow posted safety signs
11. Know your three basic safety rights: to know, to participate, and to refuse unsafe work
12. Know how and when to use fire extinguishers and keep them accessible
13. Protect against cold stress by dressing in layers and taking warm-up breaks
14. Joint Occupational Health and Safety Committees and Representatives help keep workplaces safe
15. Ensure electrical equipment is in good working condition and keep panels clear
16. Use PPE correctly and inspect it regularly for damage
17. Put safety measures in place for working alone, including check-ins
18. Keep first aid kits stocked and check supplies regularly
19. Treat ammonia as extremely hazardous and leave the area immediately if detected
20. Review required workplace health and safety postings regularly
21. Shovel safely by pacing yourself, taking breaks, and listening to your body



Nova **SAFE**

Heating Season Safety Tips from Irving Energy

As heating season begins, here are some simple tips to help keep your home or business safe, comfortable and worry-free.

Before winter arrives:

- Mark your tank and vents so they're easy to find when the snow falls.
- Know how to turn off your shut-off valves for propane or oil tanks and key appliances such as your furnace, boiler or water heater.
- Schedule your annual service for your heating equipment with a licensed technician.
- Test or install a CSA-approved carbon monoxide detector.

During winter:

- Brush off snow and ice from tanks, gauges and fittings with a broom to prevent damage and ensure safe, timely deliveries.
- Keep a clear path to your tank for your delivery driver to deliver to you quickly and safely.
- If safe to do so:
 - Clear snow from vents and chimneys for proper ventilation.
 - Remove heavy icicles and excess snow from the roof above your tanks and pipes.

If you smell gas or suspect a leak:

- Extinguish all smoking materials and open flames immediately.
- If it's safe, shut off the main supply valve.
- Evacuate the area immediately.
- Call 911 or your local fire department first, then Irving Energy at [1.888.310.1924](tel:18883101924).

For more information on safety before and during heating season, please visit our [website here](#).

Warm regards,

Your Irving Energy Team



NG 150 Historical Articles Series

Throughout New Glasgow's 150th anniversary year, local historians Lynn MacLean, John Ashton, and Don Cosh played a key role in helping share our community's story.

Every week during the anniversary year, Lynn, John, and Don generously contributed historical articles for the Town's social media, highlighting moments, people, and events from New Glasgow's past. Their weekly stories helped bring local history to life and gave residents a deeper appreciation for the town we call home.

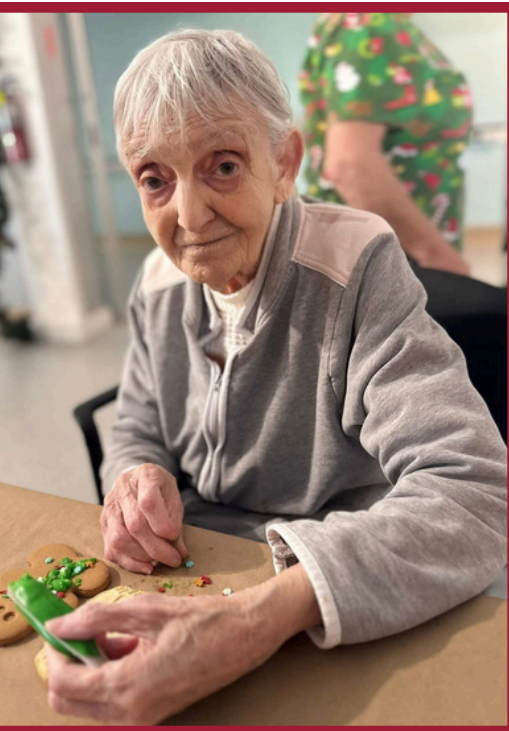
The year concluded with a special Voices & Views Speaker Series session at the Museum of Industry, where all three historians shared their knowledge in person as part of the New Glasgow at 150 celebrations.

We extend our sincere thanks to Lynn MacLean, John Ashton, and Don Cosh for their time, dedication, and passion throughout the entire year. Their commitment to sharing New Glasgow's history helped make the 150th anniversary meaningful, engaging, and memorable for our community.



Don Cosh, Lynn MacLean, Denise Taylor, and John Ashton

Holiday Cheer at Glen Haven Manor



A festive afternoon was spent at Glen Haven Manor decorating gingerbread men and ugly sweater cookies with residents. The space was filled with laughter, creativity, and plenty of holiday cheer.

Thank you to everyone at Glen Haven Manor for welcoming the visit and sharing such wonderful holiday spirit.



NG 150 Rug Hooking Project



The New Glasgow 150 rug hooking workshop held on December 4 marked a great start to a commemorative community rug celebrating our town's 150th anniversary. Led by certified instructor Shirley Joyce, and hosted by Kim Dickson, Director of Strategic Initiatives, the session brought together both new and experienced rug hookers, creating a welcoming, fun and creative atmosphere.

This project is a collaboration with the Pictou-Antigonish Regional Library, the New Glasgow Library and with continued support from local rug hooking artists, including Liz Ramscar, Carol MacDonald and Ann Shirley Boutilier. Community members were able to drop in at several sessions throughout December to add to the commemorative rug. The community rug entitled, *The River Remembers Us*, is progressing well and will continue into the new year, with more opportunities to take part. Upon completion, the commemorative rug will be displayed at the New Glasgow Library with the names of participants shown. Follow the Town of New Glasgow on Facebook for upcoming dates for future sessions. Both instruction for newcomers and opportunities for seasoned rug hookers to add their talents will be offered.



Brenda's Walk for Change

Thank you to everyone who attended and supported Brenda's Walk for Change, a Pictou County Interagency on Family Violence event held in December.

The event began at the New Glasgow Fire Department with remarks from Mayor Nancy Dicks, Sgt. Reid on behalf of Silent Witness, Russell Borden from Pictou County Opportunities for Men, and Jillian Horne representing Tearmann Society for Abused Women.

Special guest speaker Tara Graham, daughter of Brenda Tatlock, shared her lived experience after tragically losing her mother to intimate partner violence. Her words were powerful and meaningful to all in attendance.

Family and friends of Brenda were also present. Following the remarks, participants took part in a walk through New Glasgow's downtown core to raise awareness of intimate partner violence and to help keep Brenda's memory alive.



Sgt. Jason Lloyd Recognized for Long Service

New Glasgow Regional Police are proud to recognize Sgt. Jason Lloyd, who was formally honoured in Halifax on Tuesday, December 2, with the Provincial Police Long Service Award for 15 years of exemplary service.

Chief Ryan Leil and Deputy Chief Nick Hirtle attended the Nova Scotia Police Long Service Medal ceremony, where the award was presented. The Long Service Award recognizes police officers across the province for 15 or 25 years of dedicated service and commitment to public safety.

This milestone reflects Sgt. Lloyd's professionalism, dedication to policing, and long-standing service to the people of Nova Scotia and to the New Glasgow Regional Police.

Congratulations to Sgt. Lloyd on this well-deserved recognition.



Deputy Chief Nick Hirtle, Sgt. Jason Lloyd, Attorney General and Minister of Justice Scott Armstrong, and Chief Ryan Leil.



Police Long Service Award recipients from across Nova Scotia.



A Huge Thank You to the 150 Sponsors

Her Worship Mayor Nancy Dicks and Jack Kyte, Co-Chairs of the New Glasgow 150 Anniversary Celebrations Committee extend a final and most heartfelt thank you to the sponsors of the New Glasgow 150 Anniversary Celebrations. Once again our business community has demonstrated a great sense of community mindedness, generosity and support for our town and its citizens. Due to their investments, we were able to host a most memorable, inclusive and expansive celebration filled with community events and lasting legacies. A special thanks is extended to the Province of Nova Scotia for its significant support and partnership. Throughout the anniversary celebrations we paid tribute to the stories, milestones and developments that have brought up to this point in history, ready for a new chapter. Our citizens, the many community partners and our businesses continue to uplift us with their dedication, engagement, innovation and willingness to make a positive difference.






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 Website
newglasgow.ca

 Town Hall
902-755-7788

 Public Works and
Engineering
902-755-8351

#New Glasgow150



New Glasgow
flourish

New Glasgow **NOW**